# Capability frameworks for Victorian maternity and newborn services



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### **About this document**

# Capability frameworks in Victoria

Findings and recommendations from *Targeting zero: report of the Review of Hospital Safety and Quality Assurance in Victoria* (Duckett 2016) emphasise safety and quality improvement as a core goal for the Department of Health and Human Services (the department).

The staged introduction of a role delineation framework for the Victorian health system, underpinned by a suite of capability frameworks, is a key action of the *Statewide design*, *service* and infrastructure plan for Victoria's health system 2017–2037 (Department of Health and Human Services 2017c).

# The maternity and newborn capability frameworks

Victorian maternity and newborn services operate in a network across six levels (Figure 1). The Capability frameworks for Victorian maternity and newborn services (Department of Health and Human Services 2019) describe the requirements for providing safe and high-quality maternity and newborn care at each level for public and private services. This document replaces the Capability framework for Victorian maternity and newborn services (Department of Health 2010) and Defining levels of care for Victorian newborn services (Department of Health 2015).

Figure 1: The Victorian system of maternity and newborn care



The Capability frameworks for Victorian maternity and newborn services (the frameworks) are informed by the following principles:

- Maternity care is guided by a wellness model designed around the needs of each woman and her family.
- Maternity care is provided as close to home as is safe and practicable and includes prompt transfer to local and/or specialised services as appropriate.
- A network of services and an enduring commitment to safety and quality provide the foundation of Victoria's maternity and newborn service system.
- Consultation, referral and transfer processes are established to support clinical decision making. These processes are agreed and documented by health services within appropriate geographical boundaries.
- The capability of a health service refers to the level of care (including the required workforce, infrastructure and equipment, and clinical support services) it can continuously meet.
- Health services' capability is clearly communicated to women and families, the community and other service providers.
- As system manager, the department determines the capability levels of health services, with responsibility for regular review and to work with health services to plan changes to levels of care provided.

Capability across the continuum of care from pregnancy through to the postnatal period is outlined at each level. The workforce, infrastructure, equipment, clinical support services and governance requirements are also described and must be met at all times to maintain service capability.

The frameworks do not replace or amend current legislation, mandatory standards or accreditation processes. The document assumes that health services provide care in accordance with:

- Delivering high-quality healthcare Victorian clinical governance framework <a href="https://www2.">https://www2.</a> health.vic.gov.au/hospitals-and-healthservices/quality-safety-service/clinical-riskmanagement/clinical-governance-policy>
- National Safety and Quality Health Service (NSQHS) Standards <a href="https://www.safetyandquality.gov.au/our-work/assessment-to-the-nsqhs-standards/nsqhs-standards-second-edition/">https://www.safetyandquality.gov.au/our-work/assessment-to-the-nsqhs-standards/nsqhs-standards-second-edition/</a>
- Victorian Managed Insurance Authority
   Maternity services internal audit clinical tool
   <a href="https://www.vmia.vic.gov.au/">https://www.vmia.vic.gov.au/</a>>.

Maternity and newborn capability levels for Victorian public hospitals are published annually in the Department of Health and Human Services policy and funding guidelines.

#### How to use the frameworks

The maternity and newborn frameworks operate as companion documents that:

- support clinicians to partner with women and families to plan for their care through pregnancy, birth and in the postnatal period
- assist health services to make informed decisions about the resources, partnerships and protocols required to manage different complexities of care
- enable a transparent approach to planning and service development at a local level, taking into account community need
- support health service regions and the department to plan for and manage the maternity and newborn service system.

The frameworks are cumulative in design. This means that all hospitals providing planned maternity and newborn care will meet the requirements (excluding workforce) outlined for lower levels, with additional requirements provided for each advancing capability level. The workforce requirements for each level of care are outlined in full.<sup>1</sup>

While health services will commonly provide a higher level of maternity than newborn care, Table 1 describes the minimum configuration requirements for providing planned maternity and newborn care.

Table 1: Minimum configuration requirements for maternity and newborn care

Maternity service level of care	Minimum newborn service level of care
6	6
5	4
4	3
3	2
2	2
1	1

# Victoria's maternity and newborn service system

A wellness model of care recognises that, for most women, pregnancy and childbirth is a normal event with a largely predictable pathway of care. With a large network of Victorian public and private hospitals providing planned maternity and newborn care, most women and babies can access care close to their home. The capacity of Victoria's six regional health services to provide moderate and some high-risk pregnancy care (level 5 maternity care) means that only women requiring the most complex and specialised care (level 6 maternity care) travel to Melbourne.

For a small number of women and babies, emergencies and changes in their care needs do occur. The Paediatric Infant Perinatal Emergency Retrieval (PIPER) service provides a 24-hour statewide advice and retrieval service for women, babies and children with serious medical problems. This world-class service means that clinicians across Victoria can access specialist advice and support at all times and that women birth where it is safest for them to do so.

As an integral component of Victoria's maternity service system, 14 Koori maternity services provide flexible, culturally safe and responsive maternity care for Aboriginal women and their families. Koori maternity guidelines: delivering culturally responsive and high quality care (Department of Health and Human Services 2017b) requires that public health services and Koori maternity services work together to ensure continuity of care, and to promote the cultural safety and wellbeing of Aboriginal women and their families.

#### Safety and quality

While Victoria and Australia have one of the lowest maternal and perinatal mortality rates internationally (Consultative Council on Obstetric and Perinatal Mortality and Morbidity 2017), regular monitoring, reviews and sharing of lessons learnt are vital for improving the safety and quality of public and private maternity and newborn services.

The Capability frameworks for Victorian maternity and newborn services facilitate a consistent approach to clinical risk assessment and management and support a transparent approach to planning and service development at the local, regional and system levels. There are a number of other mechanisms to support health services to monitor and review their maternity and newborn services to optimise outcomes for women, babies and families.

<sup>1</sup> Regular review and update of the frameworks over time is planned and will ensure they continue to describe the requirements for safe and high-quality maternity and newborn care.

Six regional maternal and perinatal mortality and morbidity committees, with representatives from all rural and regional service providers, support multidisciplinary learning to strengthen clinical practice across the Victorian maternity and newborn service system.

The Victorian Perinatal Autopsy Service provides timely access to expert perinatal autopsies and investigations as well as education and advice to clinicians and health services.

Safer Care Victoria was established in 2017 to oversee and support health services to provide safe and high-quality care. Supported by Safer Care Victoria, the Consultative Council on Obstetric and Perinatal Mortality and Morbidity (CCOPMM) reviews all cases of maternal, perinatal and paediatric mortality and morbidity. Through publishing the *Victoria's mothers, babies and children* report annually, CCOPMM has a central role in providing expert advice and recommendations to strengthen the safety and quality of Victorian maternity and newborn services.

Safer Care Victoria's Victorian Maternity and Newborn Clinical Network Information Sharing in Generating Health Outcomes (INSIGHT) subcommittee oversees the development and publication of the annual *Victorian perinatal services performance indicators* report. The report provides the sector and community with information about the performance of maternity and newborn services against a suite of key perinatal performance indicators.

The Victorian health services performance monitoring framework (Department of Health and Human Services 2017d) provides public health service managers with regular reports on selected health service performance indicators. The inclusion of four perinatal performance indicators has provided health services with more regular perinatal performance information, supporting earlier action to improve poor performance.

## Maternity capability levels

#### Level 1 maternity service

#### **Service**

#### **Description**



Pregnancy care

Routine pregnancy care provided through a general practitioner, specialist and/ or midwifery shared care arrangement and in accordance with the *Clinical practice guidelines: pregnancy care* <a href="https://beta.health.gov.au/resources/collections/pregnancy-care-guidelines-and-related-documents">https://beta.health.gov.au/resources/collections/pregnancy-care-guidelines-and-related-documents</a>.

Partners with Koori maternity services in accordance with *Koori maternity services* guidelines <a href="https://www2.health.vic.gov.au/about/publications/policiesandguidelines/koori-maternity-services-guidelines-mar-2017">https://www2.health.vic.gov.au/about/publications/policiesandguidelines/koori-maternity-services-guidelines-mar-2017</a>> to provide culturally safe maternity care to Aboriginal women and families.

Routine pregnancy care includes provision of structured education in preparation for birth and parenthood.

A hand-held pregnancy record available for women – for example, the Victorian Maternity Record <a href="https://www2.health.vic.gov.au/hospitals-and-health-services/patient-care/perinatal-reproductive/maternity-newborn-services/vic-maternity-record">https://www2.health.vic.gov.au/hospitals-and-health-services/patient-care/perinatal-reproductive/maternity-newborn-services/vic-maternity-record</a>.

Guidelines for access to the Victorian Patient Transport Assistance Scheme <a href="https://www2.health.vic.gov.au/hospitals-and-health-services/rural-health/vptas-how-to-apply">https://www2.health.vic.gov.au/hospitals-and-health-services/rural-health/vptas-how-to-apply</a>.

Works with women and families to plan for the most appropriate place for birth and return to their community following birth.



Pregnancy assessment

Guidelines for referral to a general practitioner, the nearest emergency department, an urgent care centre or a public maternity service for unplanned and emergency pregnancy assessment.

Advice for women regarding reduced fetal movements and has a clinical pathway for management, including escalation.



Birthing/ intrapartum care

No planned births.

Management, including transfer and retrieval for women experiencing unplanned and imminent birth.

Assessment and management of transfer as required for women and babies who have experienced 'birth before arrival'.



Postnatal care

Provides routine domiciliary care, including referral to maternal and child health services in accordance with the *Postnatal Care Program guidelines for Victorian health services* <a href="https://www2.health.vic.gov.au/about/publications/policiesandguidelines/Postnatal-Care-Program-Guidelines-for-Victorian-Health-Services">https://www2.health.vic.gov.au/about/publications/policiesandguidelines/Postnatal-Care-Program-Guidelines-for-Victorian-Health-Services</a>.

May provide inpatient postnatal care for women following early discharge from a birthing service.<sup>2</sup>

Provides at least level 1 newborn care.



Partners with the Paediatric Infant Perinatal Emergency Retrieval <a href="https://www.rch.org.au/piper/">https://www.rch.org.au/piper/</a> (PIPER) service for consultation, stabilisation, transfer and retrieval of maternity patients. Provides maternal resuscitation and emergency stabilisation prior to transfer or retrieval.

<sup>2</sup> Postnatal care on the ward supports mothers and babies to stay together in the postnatal period.

#### Workforce

Service	Requirements
Emergency response	Rapid response system <sup>3</sup> (for example, 'respond blue') and identified roles on-site 24/7 to respond immediately to maternal and newborn emergencies across the facility.
Medical – general practice	Registered medical practitioner, with Certificate of Women's Health or equivalent, credentialled at the service for obstetric care available for women receiving admitted postnatal care.
Nursing/ midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.  Registered midwives provide routine antenatal and postnatal care through formal shared maternity care arrangements with designated birthing services.
Allied health	Guidelines for referral to the following allied health services:  • physiotherapy  • social work  • dietetics  • continence advisor or equivalent  • pastoral care.
Mental health	Guidelines for referral to clinical mental health practitioners and community mental health services.

#### Clinical support services

Service	Requirements
Pathology and blood / blood products	Blood and specimen collection and processing accessible (processing may be off-site).  Volume expanders on-site and accessible 24/7 for immediate management and stabilisation prior to emergency transfer.  Guidelines for referral pathways and protocol with an accredited pathology facility <a href="https://www.nata.com.au/">https://www.nata.com.au/</a> .  Provision of blood and blood products in accordance with Victoria's agreement to:  • the National blood and blood products charter for hospitals <a href="https://www.blood.gov.au/system/files/documents/health-provider-blood-and-blood-products-charter-hospitals_0.pdf">https://www.blood.gov.au/system/files/documents/health-provider-blood-and-blood-products-charter-labs_0.pdf</a> • the National blood and blood products charter for pathology labs <a href="https://www.blood.gov.au/system/files/documents/health-provider-blood-and-blood-products-charter-labs_0.pdf">https://www.blood.gov.au/system/files/documents/health-provider-blood-and-blood-products-charter-labs_0.pdf</a>
	• Standard 7 of the NSQHS Standards: Blood and blood products <a href="https://www.safetyandauality.gov.au/wp-content/uploads/2012/10/Standard7_Oct_2012_WEB.pdf">https://www.safetyandauality.gov.au/wp-content/uploads/2012/10/Standard7_Oct_2012_WEB.pdf</a> .
Diagnostic imaging	Guidelines for referral to diagnostic imaging in accordance with the <i>Clinical practice</i> guidelines: pregnancy care <a href="https://beta.health.gov.au/resources/collections/pregnancy-care-guidelines-and-related-documents">https://beta.health.gov.au/resources/collections/pregnancy-care-guidelines-and-related-documents</a> .

<sup>3</sup> Australian Standard 4083-2010, AS3745 planning for emergencies in facilities

Service	Requirements
Pharmacy	Medication available in accordance with the Australian Commission on Safety and Quality in Health Care <a href="https://www.safetyandquality.gov.au/publications/national-safety-and-quality-health-service-standards-second-edition/">https://www.safetyandquality.gov.au/publications/national-safety-and-quality-health-service-standards-second-edition/</a> .  Guidelines for access to pharmacy advice/consultation.
Lactation service	Guidelines for referral to specialist lactation services and advice.
Drug and alcohol services	Guidelines for referral to specialist drug and alcohol services, including smoking cessation.
Maternal and child health services	Guidelines for referral and service planning with maternal and child health services <a href="http://www.education.vic.gov.au/childhood/parents/mch/Pages/default.aspx">http://www.education.vic.gov.au/childhood/parents/mch/Pages/default.aspx</a> including for enhanced maternal and child health services <a href="http://www.education.vic.gov.au/about/educationstate/Pages/ecmch.aspx#link65">http://www.education.vic.gov.au/about/educationstate/Pages/ecmch.aspx#link65</a> .
Family support services	Guidelines for referral and service planning with Child FIRST <a href="https://services.dhhs.vic.gov.au/child-first-and-family-services">https://services.dhhs.vic.gov.au/child-first-and-family-services</a> and Support and Safety Hubs <a href="https://www.vic.gov.au/familyviolence/support-and-safety-hubs.html">https://www.vic.gov.au/familyviolence/support-and-safety-hubs.html</a> where established.  Child protection notifications are made in accordance with the Children, Youth and Families Act 2005 <a dhhs.vic.gov.au="" href="https://www.legislation.vic.gov.au/domino/Web_Notes/LDMS/LTObject_Store/Itobjst10.nsf/DDE300B846EED9C7CA257616000A3571/83F9F0F02F6BB513CA258265007F003F/\$FILE/05-96aa095%20authorised.pdf&lt;/a&gt;, where there is significant concern for the wellbeing of a child (including unborn children).&lt;/th&gt;&lt;/tr&gt;&lt;tr&gt;&lt;th&gt;Interpreter services&lt;/th&gt;&lt;th&gt;Guidelines for access to interpreter services in accordance with the Department of Health and Human Services &lt;i&gt;Language services policy&lt;/i&gt; &lt;a href=" https:="" language-services-policy"="">https://dhhs.vic.gov.au/language-services-policy</a> .

#### Equipment and infrastructure

Service	Requirements
Birth rooms/ areas	On-site access to equipment required to manage imminent birth and immediate postnatal care as outlined in <b>Appendix 1</b> .
	On-site access to neonatal resuscitation equipment and medication as outlined in <b>Appendix 2</b> .
Admitted care	Where inpatient postnatal care is provided, access to inpatient facilities in accordance with the Australasian health facilities guidelines <a href="https://www.healthfacilityguidelines.com.au/hpu/maternity-unit-2">https://www.healthfacilityguidelines.com.au/hpu/maternity-unit-2</a> .
Non-admitted care	Access to a clinical information system (Birthing Outcomes System (BOS) or equivalent) at all times during the provision of maternity care, including perioperative spaces.  Telehealth enabled to support antenatal care planning and shared care.  Consultation space and equipment for the provision of routine antenatal and postnatal care.

#### Clinical governance

Service	Requirements
Service guidelines	Guidelines define the scope of maternity care available at the health service site in accordance with the maternity capability level and provide information on access, admission and discharge.  Service partners and the community are provided information about the level of maternity care provided at the health service and how services can be accessed. This information is provided in a format that meets the cultural and communication needs of women and their families.
Shared care	Formal shared care guidelines that:  • delineate the roles, responsibilities and expectations of healthcare providers <sup>4</sup> • clarify expectations and pathways for referral, care and support  • support the provision of evidence-based care  • facilitate clear communication and provide information to women and their families.
Consultation, referral and transfer	Guidelines for consultation, referral and transfer established in accordance with regional referral, escalation and transfer pathways ensure:  • risks and/or care needs of women and babies are identified early and managed effectively, including maternal obesity and social vulnerability  • women and families access level 1–5 maternity care within the region  • women and babies are supported to return to their local maternity and newborn service as soon as possible after birth  • a specialist is available 24/7 to discuss clinical care and escalation (including through formal agreements with another maternity service).  Guidelines for PIPER consultation, referral and transfer.
Competence and credentialling	Credentialling processes <a href="https://www2.health.vic.gov.au/hospitals-and-health-services/quality-safety-service/credentialing/credentialing-policy">https://www2.health.vic.gov.au/hospitals-and-health-services/quality-safety-service/credentialing/credentialing-policy</a> for medical staff providing maternity care, including for the provision of shared care.  Annual competency assessment and review processes for staff providing maternity care, including for fetal surveillance and neonatal resuscitation.
Peer review	Annual peer review processes for staff providing maternity care are consistent with the Australian Commission on Safety and Quality in Healthcare's <i>Review by peers: a guide for professional, clinical and administrative processes</i> <a href="https://www.safetyandquality.gov.au/wp-content/uploads/2012/01/37358-Review-by-Peers.pdf">https://www.safetyandquality.gov.au/wp-content/uploads/2012/01/37358-Review-by-Peers.pdf</a> .

<sup>4</sup> These roles, responsibilities and expectations are usually established as part of a shared maternity care affiliate agreement.

#### Level 2 maternity service

As for level 1, in addition:

#### **Service**

#### **Description**



care

Provides maternity care for women experiencing uncomplicated, low-risk pregnancies.



Midwife available 24/7 to provide on-site pregnancy assessment and referral.

Registered medical practitioner with DRANZCOG or equivalent, credentialled at the service for obstetric care, and available 24/7 to provide on-site pregnancy assessment and referral.



Birthing/ intrapartum care Supports planned births from 37 weeks gestation up to 42+0 weeks gestation.

May accept care of women marginally below gestational age, when clinically appropriate and following specialist consultation.

May provide elective caesarean sections in accordance with RANZCOG: Timing of elective caesarean section at term <a href="https://www.ranzcog.edu.au/RANZCOG\_SITE/media/RANZCOG-MEDIA/Women's Health/Statement and guidelines/Clinical-Obstetrics/Timing-of-elective-caesarean-section-(C-Obs-23)-Review-November-2014.pdf?ext=.pdf>.

May provide epidural / spinal analgesia / anaesthesia contingent on capability to:

- provide continuous cardiotocography (CTG) monitoring
- perform emergency caesarean section.

The following three clinicians must be in attendance at all caesarean sections:

- registered medical practitioner (DRANZCOG advanced or equivalent)
- registered medical practitioner (JCCA-accredited training or equivalent)
- registered medical practitioner, nurse practitioner, registered nurse or midwife, credentialled to provide neonatal resuscitation and emergency stabilisation prior to transfer<sup>5</sup>

May provide induction of labour for multigravidas women experiencing a low-risk pregnancy, in accordance with the *Maternity e-handbook: induction of labour <a href="https://www2.health.vic.gov.au/hospitals-and-health-services/safer-care-victoria/maternity-ehandbook/induction-of-labour>.6">https://www2.health.vic.gov.au/hospitals-and-health-services/safer-care-victoria/maternity-ehandbook/induction-of-labour>.6</a>* 

Provides fetal surveillance and paired umbilical cord blood gas or lactate analysis in accordance with RANZCOG Intrapartum fetal surveillance clinical guidelines <a href="https://www.fsep.edu.au/What-We-Offer/2-Clinical-Guideline">https://www.fsep.edu.au/What-We-Offer/2-Clinical-Guideline</a>.

Management of postpartum haemorrhage.



Provides inpatient postnatal care.

Provides Hospital in the Home for women following birth, in accordance with the *Hospital in the Home guidelines* <a href="https://www2.health.vic.gov.au/hospitals-and-health-services/patient-care/acute-care/hospital-in-the-home">https://www2.health.vic.gov.au/hospitals-and-health-services/patient-care/acute-care/hospital-in-the-home</a>>.

Provides bereavement support and referral.

Arranges referral and follow-up for specialist services including urogynecology services. Provides at least level 2 newborn care.

<sup>5</sup> For further information see: NSW Royal Hospital for Women 2017. Appendix 1 provides examples of risk based approaches to determining the level of paediatric attendance at births.

<sup>6</sup> Note: The availability of induction of labour at level 2 maternity services is a focus of continuing review for 2018–19.

Service	Requirements
Emergency response	Rapid response system (for example, 'respond blue') and identified roles on-site 24/7 to respond immediately to maternal and newborn emergencies across the facility.
Medical – general practice	Registered medical practitioner with DRANZCOG or equivalent, credentialled at the health service for obstetric care, available 24/7.
	Where epidural/spinal anaesthesia is provided, a registered medical practitioner with DRANZCOG advanced or equivalent, credentialled at the health service for obstetric care, available 24/7.
	Where elective caesarean services are provided, a registered medical practitioner with DRANZCOG advanced or equivalent, credentialled at the health service for obstetric care.
Medical – anaesthetics	Where epidural/spinal anaesthesia is provided, a registered medical practitioner who has successfully completed JCCA-accredited training or equivalent, credentialled at the health service for anaesthetic care, available 24/7.
	Where elective caesarean services are provided, a registered medical practitioner who has successfully completed JCCA-accredited training or equivalent, credentialled at the health service for anaesthetic care.
Nursing/ midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.
	Midwife/nursing staff in charge of maternity care on every shift demonstrates competence and recency in fetal surveillance and monitoring.
Allied health	Guidelines for referral to the following allied health services:  • physiotherapy  • social work  • dietetics  • continence advisor or equivalent  • pastoral care.
Mental health	Guidelines for referral to clinical mental health practitioners and community mental health services.

#### **Clinical support services**

As for level 1, in addition:

Service	Requirements
Pathology and blood / blood products	Blood and specimen collection and processing available 24/7 (processing may be offsite).  Where epidural/spinal anaesthesia provided:
	<ul> <li>blood group matching available (processing may be off-site)</li> <li>blood required for immediate management and stabilisation prior to emergency transfer, on-site and available 24/7</li> <li>on-site blood storage facilities.</li> <li>In addition, where elective caesarean sections provided:</li> </ul>
	group and hold with cross-matched blood held at local pathology service.  Guidelines for access to the health services' Victorian Perinatal Autopsy Service <a href="https://www.thewomens.org.au/health-professionals/vpas">https://www.thewomens.org.au/health-professionals/vpas</a> provider.
Diagnostic imaging	24/7 access to an ultrasound service and medical staff credentialled to perform ultrasounds as an adjunct to medical imaging services.
Bereavement care	Guidelines for bereavement support and referral to specialist grief/bereavement services in accordance with the Perinatal Society of Australia and New Zealand Clinical practice guidelines for perinatal mortality <a href="https://sanda.psanz.com.au/clinical-practice/clinical-guidelines/">https://sanda.psanz.com.au/clinical-practice/clinical-guidelines/</a> . Guidelines to access a cooling cot from a designated birthing service.

#### **Equipment and infrastructure**

As for level 1, in addition:

Service	Requirements
Non-admitted care	Consulting space, equipment and staffing in place for non-admitted maternity care that is separate to inpatient/admitted care.
Birth rooms	Dedicated space for birthing that supports culturally safe care for Aboriginal women and families and in accordance with the <i>Australasian health facilities guidelines</i> <a href="https://www.healthfacilityguidelines.com.au/hpu/maternity-unit-2">https://www.healthfacilityguidelines.com.au/hpu/maternity-unit-2</a> .
	Equipment to support labour, birth and puerperium including 24/7 on-site access to CTG monitoring and interpretation.
	Equipment to perform paired umbilical cord blood gas or lactate analysis, on-site and accessible 24/7.
	On-site access to neonatal resuscitation equipment in accordance with the Standards for resuscitation: clinical practice and education <a href="https://resus.org.au/standards-for-resuscitation-clinical-practice-and-education/">https://resus.org.au/standards-for-resuscitation-clinical-practice-and-education/</a> .
Admitted care	Inpatient maternity care facilities in accordance with the <i>Australasian health facilities</i> guidelines <a href="https://www.healthfacilityguidelines.com.au/hpu/maternity-unit-2">https://www.healthfacilityguidelines.com.au/hpu/maternity-unit-2</a> .

<sup>7</sup> See Victorian Perinatal Autopsy Service (VPAS) for information regarding VPAS guidelines, referral and consent forms.

Service	Requirements
Operating rooms	Where epidural/spinal anaesthesia available:  • 24/7 access to the equipment and space required for caesarean section  • perioperative staff available 24/7.  Where elective caesareans provided:  • planned access to the equipment and space required for caesarean section  • perioperative staff available.  Access to CTG equipment in perioperative rooms to ensure continuous monitoring.

#### Clinical governance

As for level 1, in addition:

Service	Requirements
Scope of practice	Short-term and unavoidable changes in the scope of maternity care are:  • formally agreed and documented with local health services and other providers that will be affected (including Ambulance Victoria and PIPER)  • communicated with women who are booked in and likely to deliver over the period and women are provided a personalised care plan, including key contacts at both the referring and the receiving hospital(s)  • effectively communicated with the local community with advice on how care can be accessed.8

<sup>8</sup> Short-term/unavoidable changes in scope of maternity care will also be formally communicated with the department in advance of this change by contacting the Manager, Performance, Governance and Quality, Rural and Regional Health (in the regional office).

#### Level 3 maternity service

#### As for level 2, in addition: **Service** Description Provides comprehensive maternity care for women with normal-risk pregnancies. Antenatal care promotes continuity of carer, especially for vulnerable women - for example, team or caseload midwifery models of care. Responsive pregnancy care models include consultation with specialist pregnancy care Pregnancy programs for specific cohorts (for example, young mums). care Midwife available 24/7 to provide on-site unplanned pregnancy assessment and referral. Pregnancy assessment Planned births from 37 weeks' gestation including provision of elective and emergency caesarean. May provide vaginal birth after caesarean section in accordance with regional consultation, referral and escalation pathways. Birthing/ Epidural/spinal anaesthesia available. intrapartum Induction of labour for women ≥ 37 weeks' gestation. care May provide vaginal birth after caesarean section in accordance with RANZCOG: Birth after previous caesarean section <a href="https://www.ranzcog.edu.au/Womens-Health/">https://www.ranzcog.edu.au/Womens-Health/</a> Patient-Information-Resources/Vaginal-Birth-after-Caesarean-Section>, and regional consultation, referral and escalation pathways. Provides elective caesarean sections in accordance with RANZCOG: Timing of elective

pdf?ext=.pdf>. Emergency caesarean section provided 24/7.

May provide a public homebirth program <a href="https://www2.health.vic.gov.au/about/">https://www2.health.vic.gov.au/about/</a> publications/policiesandguidelines/implementing-public-home-birth-program>.

caesarean section at term <a href="https://www.ranzcog.edu.au/RANZCOG\_SITE/media/">https://www.ranzcog.edu.au/RANZCOG\_SITE/media/</a> RANZCOG-MEDIA/Women's%20Health/Statement%20and%20guidelines/Clinical-Obstetrics/Timing-of-elective-caesarean-section-(C-Obs-23)-Review-November-2014.



Provides at least level 2 newborn care.



Provides advanced maternal resuscitation and emergency stabilisation before transfer or retrieval.

Management of postpartum haemorrhage including operative management – for example, uterine balloon tamponade, laparotomy and uterine brace sutures.

#### Workforce

Service	Requirements
Emergency response	Rapid response system (for example, 'respond blue') and identified roles on-site 24/7 to respond immediately to maternal and newborn emergencies across the facility.
Medical – general practice	Registered medical practitioner with DRANZCOG advanced or equivalent, credentialled at the health service for obstetric care, available 24/7.
Medical – anaesthetics	Registered medical practitioner, with JCCA-accredited training or equivalent, credentialled for anaesthetic care, available 24/7.
Nursing/ midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.  Midwife/nursing staff in charge of maternity care on every shift demonstrates competence and recency in fetal surveillance and monitoring.
Allied health	Guidelines for referral to the following allied health services:  • physiotherapy  • social work  • dietetics  • continence advisor or equivalent  • pastoral care.
Mental health	Guidelines for referral to clinical mental health practitioners and community mental health services.

#### **Clinical support services**

As for level 2, in addition:

Service	Requirements
Pathology and blood / blood products	Blood and blood products required for immediate management and stabilisation onsite and accessible 24/7 (prior to emergency transfer if required).
Diagnostic imaging	On-site radiology service available. On-site obstetric ultrasound service available 24/7.

#### **Equipment and infrastructure**

As for level 2, in addition:

Service	Requirements
Operating rooms	Equipment and space required for caesarean section and management of postpartum haemorrhage accessible 24/7.
	Perioperative staff available 24/7.

#### Clinical governance

As for level 2, in addition:

Service	Requirements
Scope of practice	Provides pregnancy and birthing services for women where care has been transferred due to short-term/unavoidable changes in the scope of maternity care for regional level 2 maternity services.

## Level 4 maternity service

As for level 3, in addition:

Service	Description
Pregnancy care	Provides comprehensive maternity care for women with normal and moderate-risk pregnancies.  Shared antenatal care for women with identified risk factors in accordance with regional consultation, referral and escalation criteria.  Pregnancy care includes management of emergent and moderate comorbidities, such as hypertensive disorders of pregnancy, in accordance with regional consultation, referral and escalation criteria.
Pregnancy assessment	Dedicated space for pregnancy assessment available 24/7.  Central point of contact for after-hours assessment / phone triage of women.
Birthing/ intrapartum care	Provides:  • planned births from 34 weeks gestation  • induction of labour ≥ 34+0 weeks gestation  • vaginal birth after caesarean section including induction and/or augmentation in accordance with regional consultation, referral and escalation pathways  • management of uncomplicated vaginal twin births at term and with a predicted birthweight of ≥ 2,000 grams.
Postnatal care	Provides at least level 3 newborn care.
Emergency care	High dependency unit on-site.  Where on-site unit not available, provides high dependency care for maternity patients pending transfer, in accordance with the requirements established in <b>Appendix 3</b> .

#### Workforce

Service	Requirements
Emergency response	Rapid response system (for example, 'respond blue') and identified roles on-site 24/7 to respond immediately to maternal and newborn emergencies across the facility.
Medical – general practice	Registered medical practitioner with DRANZCOG advanced or equivalent, credentialled at the health service for obstetric care, available 24/7.
Medical – obstetrics	A registered medical specialist (RANZCOG) or equivalent, credentialled at the health service for obstetric care, as appointed clinical head of service.
Medical – anaesthetics	A registered medical specialist (ANZCA) or equivalent, credentialled at the health service for anaesthetic care, as appointed clinical head of service.
	Registered medical practitioner, with JCCA-accredited training or equivalent, credentialled for anaesthetic care, available 24/7.
Nursing/midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.
	Midwife/nursing staff in charge of maternity care on every shift demonstrates competence and recency in fetal surveillance and monitoring.
	Staff with demonstrated competency in critical care.
Allied health	On-site access, during business hours, to the following allied health services:  • physiotherapy  • social work  • dietetics.  Guidelines for referral to continence advisor or equivalent.
	Access to pastoral care.
Mental health	Guidelines for referral to clinical mental health practitioners and community mental health services.

#### Clinical support services

As for level 3, in addition:

Service	Requirements
Pathology and blood / blood products	Blood and blood products required for immediate management and stabilisation onsite and available 24/7.  Blood and blood products available 24/7.
Pharmacy	On-site pharmacy service during business hours and available 24/7.

#### **Equipment and infrastructure**

As for level 3, in addition:

Service	Requirements
High dependency care	24/7 on-site access to space and equipment required for the provision of high dependency care for maternity patients in accordance with <b>Appendix 3</b> .

#### Clinical governance

As for level 3.

#### Level 5 maternity service

As for level 4, in addition:

#### Service Description Provides maternity care for women with normal- to moderate-risk pregnancies living within the local community. Designated regional services provide regional access to specialist maternity care for women experiencing moderate-risk pregnancies with: Pregnancy • leadership of services within the region for vaginal births after a caesarean care • formal referral and intake process for women requiring level 5 maternity care. Provides specialist antenatal care for women experiencing moderate-risk pregnancies within the region. Care may be provided in partnership with a lower capability maternity service, general practitioner or private service, including endorsed privately practising midwives. Invasive, antenatal diagnostic procedures such as amniocentesis are available. Provides targeted pregnancy care service models for women at increased risk or vulnerability (for example, young women, women experiencing drug and alcohol addiction). Shared antenatal care for women with complex pregnancies, in consultation with a level 6 service. Planned management of labour and birth for moderate-risk pregnancies from 31 weeks gestation. Provides intrapartum blood gas or lactate analysis in accordance with the Royal Australian and New Zealand College of Obstetricians and Gynaecologists' 2014 Birthing/ Intrapartum fetal surveillance guidelines <a href="https://www.fsep.edu.au/FSEP/media/FS intrapartum IFS%20Clinical%20Guideline/RANZCOG%20IFS%20Clinical%20Guideline%203rd%20 care ed.%202014.pdf>. Provides caesarean section for major placenta praevia. Provides specialist postnatal care including urogynaecological services. Provides at least level 4 newborn care. Postnatal care On-site access to adult intensive care services for maternity critical care management. **Emergency** care

Service	Requirements
Emergency response	Rapid response system (for example, 'respond blue') and identified roles on-site 24/7 to respond immediately to maternal and newborn emergencies across the facility.
Medical – obstetrics	A registered medical specialist (RANZCOG) or equivalent, credentialled at the health service for obstetric care, as appointed clinical head of service.
	A registered medical specialist (RANZCOG) or equivalent, credentialled at the health service for obstetric care, available 24/7.
	Registered medical practitioner, level 2 RANZCOG trainee or equivalent, credentialled at the health service for obstetric care (including initiation of management for obstetric emergency and caesarean section) on-site 24/7. May be an accredited registrar on the RANZCOG training program.
	Registered medical practitioner or nurse practitioner with experience in obstetric care on-site 24/7.
Medical – anaesthetics	A registered medical specialist (ANZCA) or equivalent, credentialled at the health service for anaesthetic care, as appointed clinical head of service.
	A registered medical specialist (ANZCA) or equivalent, credentialled at the health service for anaesthetic care, available 24/7.
	Registered medical practitioner with appropriate experience in obstetric anaesthetics, credentialled to initiate anaesthetic management for obstetric emergencies and caesarean delivery (beyond ANZCA supervision level 1), on-site 24/7. May be an accredited registrar on the ANZCA training program.
Nursing/midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.
	Midwife/nursing staff in charge of maternity care on every shift demonstrates competence and recency in fetal surveillance and monitoring.  Staff with demonstrated competency in critical care.
Allied health	On-site access, during business hours, to the following allied health services:  • physiotherapy  • social work  • dietetics.  Guidelines for referral to continence advisor or equivalent.  Access to pastoral care.
Mental health	On-site access, during business hours, to clinical mental health consultation-liaison service.

#### **Clinical support services**

As for level 4.

#### Equipment and infrastructure

As for level 3, in addition:

Service	Requirements
Birth rooms	24/7 on-site access to equipment to perform fetal scalp blood sampling.
Intensive care	24/7 on-site access to intensive care services for maternity patients.
Bereavement care	On-site access to a cooling cot.

#### Clinical governance:

As for level 4, in addition:

Service	Requirements
Competence and credentialling	Provides level 1–4 maternity services within the region support for credentialling processes for medical staff providing maternity care including shared care.  Provides level 1–4 maternity services within the region support to complete annual competency assessment and review processes for staff providing maternity care.
Peer review	Provides regional level 1-4 maternity services support for the completion of annual peer review processes for staff providing maternity care.

## Level 6 maternity service

As for level 5, in addition:

Service	Description
Pregnancy care	Provides maternity care of any risk level for women living within the local community.  Provides statewide access to specialised maternity care for women experiencing a high-risk pregnancy (any gestation), labour and birth including care for suspected or known placenta accreta, increta and percreta.  Specialist on-site services for all levels of maternal complexity.  Provides maternal fetal medicine service.
Postnatal care	Provides level 6 newborn care.
Emergency care	Full range of expertise to support critically ill woman and all unexpected maternal emergencies.

Service	Requirements
Emergency response	Rapid response system (for example, 'respond blue') and identified roles on-site 24/7 to respond immediately to maternal and newborn emergencies across the facility.
Medical – obstetrics	A registered medical specialist (RANZCOG) or equivalent, credentialled at the health service for obstetric care, as appointed clinical head of service.
	A registered medical specialist (RANZCOG) or equivalent, credentialled at the health service for obstetric care, available 24/7.
	A designated registered medical practitioner, level 2 RANZCOG trainee or equivalent, credentialled at the health service for obstetric care (including initiation of management for obstetric emergency and caesarean section) on-site 24/7. May be an accredited registrar on the RANZCOG training program.
	Registered medical practitioner or nurse practitioner with appropriate experience in obstetric care on-site 24/7.
Medical – anaesthetics	A registered medical specialist (ANZCA) or equivalent, credentialled at the health service for anaesthetic care, as appointed clinical head of service.
	A registered medical specialist (ANZCA) or equivalent, credentialled at the health service for anaesthetic care, available 24/7.
	Registered medical practitioner with appropriate experience in obstetric anaesthetics, credentialled to initiate anaesthetic management for obstetric emergencies and caesarean delivery (beyond ANZCA supervision level 1), on-site 24/7. May be an accredited registrar on the ANZCA training program.
Nursing/ midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.  Midwife/nursing staff in charge of maternity care on every shift demonstrates
	competence and recency in fetal surveillance and monitoring.  Staff with demonstrated competency in critical care.
Allied health	On-site access, during business hours, to the following allied health services:  • physiotherapy  • social work  • dietetics  • continence advisor or equivalent.
Mental health	On-site clinical mental health consultation-liaison service during business hours and available 24/7.

#### **Clinical support services**

As for level 5, in addition:

Service	Requirements
Pathology and blood / blood products	On-site access to pathology services 24/7 including for:  • biochemistry  • haematology  • microbiology  • serology and blood bank.  Provides the Victorian Perinatal Autopsy Service <a href="https://www.thewomens.org.au/health-professionals/vpas">https://www.thewomens.org.au/health-professionals/vpas</a> to designated services.
Diagnostic imaging	Full range of on-site imaging services available 24/7.
Pharmacy	On-site pharmacy service during business hours and available 24/7.
Drug and alcohol services	On-site specialist drug and alcohol services.

#### **Equipment and infrastructure**

As for level 5, in addition:

Service	Requirements
Birth rooms	Equipment to provide intra-arterial blood pressure monitoring on-site and accessible 24/7.  Portable ultrasound machine accessible within birth suite 24/7.
Operating rooms	24/7 capability to perform emergency caesarean section.

#### Clinical governance

As for level 5, in addition:

Service	Requirements
Competence and credentialling	Provides level 5 maternity services support for credentialling processes for medical staff providing maternity care including shared care.
	Provides level 5 maternity services support to complete annual competency assessment and review processes for staff providing maternity care.
Peer review	Provides level 5 maternity services support for the completion of annual peer review processes for staff providing maternity and care.

# Newborn capability levels

#### Level 1 newborn service

Service	Description
Emergency care	Partners with PIPER <a href="https://www.rch.org.au/piper/">https://www.rch.org.au/piper/</a> for consultation, transfer and retrieval of newborns.
	Provides resuscitation and emergency stabilisation of babies prior to retrieval/transfer for unexpected presentations and 'births before arrival'.
Newborn care	Provides domiciliary postnatal care for well newborns $\geq$ 37+0 weeks gestation or newborn birthweight of $\geq$ 2,500 grams.
	May provide postnatal inpatient care (at the bedside) <sup>9</sup> following early transfer from a birthing service or birth before arrival.
	Partners with Koori maternity services for the provision of culturally safe care to Aboriginal babies and their families (consistent with <i>Koori maternity services guidelines</i> <a href="https://www2.health.vic.gov.au/about/publications/policiesandguidelines/koorimaternity-services-guidelines-mar-2017">https://www2.health.vic.gov.au/about/publications/policiesandguidelines/koorimaternity-services-guidelines-mar-2017</a> ).

Service	Requirements
Emergency response	Rapid response system (for example, 'respond blue') with identified roles on-site 24/7 to respond immediately to newborn emergencies across the facility.
Medical – general practice	Registered medical practitioner, credentialled at the health service for newborn care.
Nursing/midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.
Allied health	Guidelines for referral to the following community-based allied health services:  • newborn physiotherapy  • social work  • speech pathology  • audiology  • pastoral care.

<sup>9</sup> Postnatal care on the ward supports mothers and babies to stay together in the postnatal period.

#### **Clinical support services**

Service	Requirements
Diagnostic imaging	Established diagnostic imaging referral pathways (within region).
Pathology and blood / blood products	Blood and specimen collection with processing available (processing may be off-site) including:  • bilirubin testing • newborn bloodspot screening in accordance with the Victorian newborn screening policy and guidelines <a href="https://www2.health.vic.gov.au/about/publications/policiesandguidelines/Newborn-screening-policy-and-guidelines-2011">https://www2.health.vic.gov.au/about/publications/policiesandguidelines/Newborn-screening-policy-and-guidelines-2011</a> .  Point of care blood glucose testing using a glucometer.  Guidelines for referral pathways and protocol with accredited pathology facility.  Provision of blood and blood products in accordance with Victoria's agreement to: • the National blood and blood products charter for hospitals <a href="https://www.blood.gov.au/system/files/documents/health-provider-blood-and-blood-products-charter-hospitals_O.pdf">https://www.blood.gov.au/system/files/documents/health-provider-blood-and-blood-products-charter-labs_O.pdf</a> • the National blood and blood products charter for pathology labs <a href="https://www.blood.gov.au/system/files/documents/health-provider-blood-and-blood-products-charter-labs_O.pdf">https://www.blood.gov.au/system/files/documents/health-provider-blood-and-blood-products-charter-labs_O.pdf</a> • Standard 7 of the NSQHS Standards: Blood and blood products <a href="https://www.safetyandquality.gov.au/wp-content/uploads/2012/10/Standard7_Oct_2012_WEB.pdf">https://www.safetyandquality.gov.au/wp-content/uploads/2012/10/Standard7_Oct_2012_WEB.pdf</a> .
Pharmacy	Medication available in accordance with the Australian Commission on Safety and Quality in Health Care <a href="https://www.safetyandquality.gov.au/publications/national-safety-and-quality-health-service-standards-second-edition/">https://www.safetyandquality.gov.au/publications/national-safety-and-quality-health-service-standards-second-edition/</a> .  Guidelines for pharmacy advice/consultation.
Ophthalmology	Guidelines for referral to paediatric ophthalmology services.
Interpreter services	Guidelines for access to interpreter services in accordance with the Department of Health and Human Services <i>Language services policy</i> <a href="https://dhhs.vic.gov.au/language-services-policy">https://dhhs.vic.gov.au/language-services-policy</a> .
Maternal and Child Health Services	Guidelines for referral and service planning with maternal and child health services <a href="http://www.education.vic.gov.au/childhood/parents/mch/Pages/default.aspx">http://www.education.vic.gov.au/childhood/parents/mch/Pages/default.aspx</a> including for enhanced maternal and child health services <a href="http://www.education.vic.gov.au/about/educationstate/Pages/ecmch.aspx#link65">http://www.education.vic.gov.au/about/educationstate/Pages/ecmch.aspx#link65</a> .
Family support services	Guidelines for referral and service planning with Child FIRST <a href="https://services.dhhs.vic.gov.au/child-first-and-family-services">https://services.dhhs.vic.gov.au/child-first-and-family-services</a> and Support and Safety Hubs <a href="https://www.vic.gov.au/familyviolence/support-and-safety-hubs.html">https://www.vic.gov.au/familyviolence/support-and-safety-hubs.html</a> where established.  Child protection notifications are made in accordance with the Children, Youth and Families Act 2005

#### **Equipment and infrastructure**

Service	Requirements
Nursery	Designated resuscitation bay/space with on-site access to neonatal resuscitation equipment and medication as outlined in <b>Appendix 2</b> .

#### Clinical governance

Service	Requirements
Service guidelines	Guidelines define the scope of newborn care available at the health service site in accordance with newborn capability level, and provide information on access, admission and discharge.  Service partners and the community are provided information regarding the level of newborn care provided at the health service and how services can be accessed. This information is provided in a format that meets the cultural and communication needs of consumers.
Consultation, referral and transfer	Processes are established to support staff to recognise the acute deterioration of a baby (for example, ViCTOR charts <a href="https://www.victor.org.au/">https://www.victor.org.au/</a> ).  Guidelines for consultation, referral and transfer are established in accordance with agreed regional referral, escalation and transfer pathways to ensure that:  • risks and/or care needs of babies are identified early and managed effectively  • babies are supported to return to their local maternity and newborn service as soon as possible after transfer  • staff providing newborn care (including clinical support staff) can easily access expert advice within the region  • roles and responsibilities of the referring and receiving services are understood.  Guidelines for PIPER consultation, referral and transfer.  Review of all newborn PIPER transfers.
Competence and credentialling	Credentialling processes <a href="https://www2.health.vic.gov.au/hospitals-and-health-services/quality-safety-service/credentialing/credentialing-policy">https://www2.health.vic.gov.au/hospitals-and-health-services/quality-safety-service/credentialing/credentialing-policy</a> for medical staff providing newborn care.  Annual competency assessment and review processes for staff providing newborn care.
Peer review	Annual peer review processes for staff providing newborn care are consistent with the Australian Commission on Safety and Quality in Healthcare's Review by peers: a guide for professional, clinical and administrative processes <a href="https://www.safetyandquality.gov.au/wp-content/uploads/2012/01/37358-Review-by-Peers.pdf">https://www.safetyandquality.gov.au/wp-content/uploads/2012/01/37358-Review-by-Peers.pdf</a> .

## Level 2 newborn service

As for level 1, in addition:

Service	Description
هند	Provides advanced resuscitation and emergency stabilisation of babies in resuscitation bay/space prior to retrieval/transfer.
Emergency care	
8	Provides care for mildly unwell newborns $\ge$ 37+0 weeks gestation or newborn birthweight of $\ge$ 2,500 grams.
	Provides short-term care for minor conditions not requiring specialist medical treatment including:
Newborn care	<ul> <li>mild respiratory distress (oxygen therapy requirement ≤ 30 per cent for less than six hours)</li> </ul>
	• incubator care for less than six hours
	• single light phototherapy
	commencement of gavage feeding, in preparation for transfer.  Cuidelines for referral to the Victorian Infant Leaving Serencing Program entitles //www.
	Guidelines for referral to the Victorian Infant Hearing Screening Program <a href="https://www.rch.org.au/vihsp/">https://www.rch.org.au/vihsp/</a> for a newborn hearing screening test.
	Provides routine screening for congenital heart disease as per <i>Neonatal e-handbook</i> : Oxygen saturation screening for newborns <a href="https://www2.health.vic.gov.au/hospitals-and-health-services/patient-care/perinatal-reproductive/neonatal-ehandbook/procedures/oxygen-saturation-screening">https://www2.health.vic.gov.au/hospitals-and-health-services/patient-care/perinatal-reproductive/neonatal-ehandbook/procedures/oxygen-saturation-screening</a> .
	May accept care of newborns marginally below the gestational age/birthweight, when clinically appropriate and following specialist consultation.

Service	Requirements
Emergency response	Rapid response system (for example, 'respond blue') with identified roles on-site 24/7 to respond immediately to newborn emergencies across the facility.
Medical – general practice	Registered medical practitioner credentialled at the health service for newborn care available 24/7.
Nursing/midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.

Service	Requirements
Allied health	Guidelines for referral to the following community-based allied health services:  • newborn physiotherapy  • newborn occupational therapy  • social work  • speech pathology  • dietetics  • audiology  • pastoral care.

#### **Clinical support services**

As for level 1, in addition:

Service	Requirements
Pathology and blood / blood products	Blood and specimen collection with processing available 24/7 (processing may be off-site).  Point of care bilirubin testing using a transcutaneous bilirubinometer.
Bereavement care	Guidelines for access to bereavement support and referral to specialist grief/bereavement services in accordance with the Perinatal Society of Australia and New Zealand's Clinical practice guidelines for perinatal mortality <a href="https://sanda.psanz.com.au/clinical-practice/clinical-guidelines/">https://sanda.psanz.com.au/clinical-practice/clinical-guidelines/</a> . Guidelines for access to a cooling cot from a designated newborn service.

#### Equipment and infrastructure

As for level 1, in addition:

Service	Requirements
Nursery	Designated space and equipment required for the provision of level 2 newborn care including:
	• an incubator for thermoregulatory care
	• a phototherapy light
	• continuous cardiorespiratory and pulse oximetry monitoring.
	Guidelines for accessing a portable transport incubator in accordance with the
	Statewide incubator care guideline <a href="https://www.rch.org.au/uploadedFiles/Main/">https://www.rch.org.au/uploadedFiles/Main/</a>
	Content/piper/Statewide-incubator-care-guideline.pdf>.

#### Clinical governance

As for level 1.

#### Level 3 newborn service

As for level 2, in addition:

Service	Description
Emergency care	Provides:  • advanced resuscitation with capacity to intubate and mechanically ventilate, pending transfer  • acute management of pneumothorax via needle aspiration, in consultation with PIPER and pending transfer  • administration of surfactant, in consultation with PIPER and pending transfer.  May also provide acute management of pneumothorax via insertion of an intercostal catheter, in consultation with PIPER and pending transfer.
Newborn care	Provides care for mildly/moderately unwell newborns ≥ 34+0 weeks gestation or newborn birthweight of ≥ 2,000 grams.  Non-invasive ventilation respiratory support (continuous positive airway pressure or hiflow):  ≤ 30 per cent oxygen therapy  • up to 72 hours.  Provides ongoing care for mildly/moderately unwell babies including:  • incubator care  • phototherapy  • gavage feeding  • continuous cardiorespiratory and/or pulse oximetry monitoring  • intravenous therapy including for fluids or antibiotics  • non-invasive blood pressure monitoring  • care for stable babies receiving treatment for neonatal abstinence syndrome, in accordance with regional referral and escalation pathways.  May accept care of newborns marginally below the gestational age/birthweight, when clinically appropriate and following specialist consultation.
Ongoing care	Ongoing care of preterm and convalescing stable newborns (of any weight) transferred from a level 4–6 newborn service and with ≥ 32+0 weeks corrected age.  Ongoing care for return transfers of preterm and stable, convalescing newborns.  Provides Hospital in the Home for newborns, in accordance with the Hospital in the Home guidelines <a href="https://www2.health.vic.gov.au/hospitals-and-health-services/patient-care/acute-care/hospital-in-the-home">https://www2.health.vic.gov.au/hospitals-and-health-services/patient-care/acute-care/hospital-in-the-home&gt;.</a>

Service	Requirements
Emergency response	Rapid response system (for example, 'respond blue') with identified roles on-site 24/7 to respond immediately to newborn emergencies across the facility.
Medical – paediatrics	Registered medical specialist (RACP – general paediatrics) or equivalent credentialled at the health service for newborn care:
	<ul><li>on-site for ward rounds seven days per week</li><li>available 24/7.</li></ul>
	Registered medical practitioner or nurse practitioner with appropriate experience in newborn care on-site 24/7.

Service	Requirements
Nursing/midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.
	Staff with demonstrated competence and recency of practice in the administration of non-invasive ventilation (continuous positive airway pressure or hi-flow) rostered 24/7.
	Staff with competence in the provision of level 3 newborn care, outlined in the service description.
Allied health	Access to the following allied health services:
	newborn physiotherapy
	newborn occupational therapy
	• social work
	speech pathology
	• dietetics
	• audiology
	• pastoral care.

#### Clinical support services

As for level 2, in addition:

Service	Requirements
Pathology and blood / blood products	Blood gas, electrolyte and full blood count with results available 24/7.
Diagnostic imaging	Radiology service available 24/7.

#### **Equipment and infrastructure**

As for level 2, in addition:

Requirements
Nursery facilities and space are secure and provided in accordance with Australasian health facility guidelines: intensive care – neonatal/special care nursery <a href="https://healthfacilityguidelines.com.au/hpu/maternity-unit-2">https://healthfacilityguidelines.com.au/hpu/maternity-unit-2</a> .  Telehealth enabled to support provision of newborn care.  24/7 access to equipment required for the provision of level 3 newborn care.

#### Clinical governance

As for level 1.

### Level 4 newborn service

As for level 3, in addition:

Service	Description
Newborn care	Provides care for moderately unwell newborns ≥ 32+0 weeks gestation or newborn birthweight of ≥ 1,500 grams.
	Non-invasive ventilation respiratory support (continuous positive airway pressure or hiflow):
	• ≤ 40 per cent • up to 96 hours.
	Establish and maintain umbilical venous catheters (up to 48 hours).
	Management of central venous lines following transfer from a higher capability service.
	Designated regional services provide regional access to specialist newborn care in accordance with local referral and escalation pathways and in collaboration with PIPER.
	May accept care of newborns marginally below the gestational age/birthweight, when clinically appropriate and following specialist consultation.
	Ongoing care of stable, convalescing newborns (of any weight) transferred from a level 5 or 6 newborn service and with ≥ 31+0 weeks' corrected age.
Ongoing care	

Service	Requirements
Emergency response	Rapid response system (for example, 'respond blue') with identified roles on-site 24/7 to respond immediately to newborn emergencies across the facility.
Medical – paediatrics	Registered medical specialist (RACP – general paediatrics) or equivalent, credentialled at the health service for newborn care available 24/7.
	Registered medical practitioner with experience in general paediatrics, or nurse practitioner, credentialled at the health service for newborn care on-site 24/7. May be an accredited registrar on the RACP – general paediatrics training program.
Nursing/ midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.  Staff with demonstrated competence and recency of practice in administration of non-invasive ventilation (continuous positive airway pressure or hi-flow) rostered 24/7.  Staff with competence in the provision of level 4 newborn care outlined in the service description.

Service	Requirements
Allied health	Access during business hours to the following allied health services:  • newborn physiotherapy  • social work  • speech pathology  • dietetics  • newborn occupational therapy  • audiology  • pastoral care.

As for level 3, in addition:

Service	Requirements
Pathology and blood / blood products	Point-of-care testing: • haemoglobin.
Diagnostic imaging	Guidelines for referral to:  • newborn MRI  • echocardiography services  • newborn ultrasonography.
Pharmacy	On-site pharmacy service during business hours and available 24/7.

## **Equipment and infrastructure**

As for level 3, in addition:

Service	Requirements
Nursery	24/7 access to equipment required for the provision of level 4 newborn care.

## Clinical governance

As for level 1.

## Level 5 newborn service

As for level 4, in addition:

Service	Description
8	Provides care for unwell newborns ≥ 31+0 weeks gestation or newborn birthweight of ≥ 1,250 grams including non-invasive ventilation respiratory support (continuous positive airway pressure or hi-flow) ≤ 50 per cent.
Newborn care	Provides:  • tracheal intubation for surfactant replacement therapy  • total parenteral putrition (proficional in administration and maintanance)
	<ul> <li>total parenteral nutrition (proficiency in administration and maintenance)</li> <li>central venous catheters (for example, umbilical) and peripherally inserted central catheters</li> </ul>
	<ul> <li>management of pneumothorax.</li> <li>Designated regional services have established processes for consultation, referral and transfer of babies in the region needing level 5 care, in collaboration with PIPER.</li> </ul>
	May accept care of newborns marginally below the gestational age/birthweight, when clinically appropriate and following specialist consultation.
	Ongoing care of stable, convalescing newborns (of any weight) transferred from a level 6 newborn service and with ≥ 30+0 weeks corrected age.
Ongoing care	

#### Workforce

Service	Requirements
Emergency response	Rapid response system (for example, 'respond blue') with identified roles on-site 24/7 to respond immediately to newborn emergencies across the facility.
Medical – paediatrics	Registered medical practitioner with experience in general paediatrics, or nurse practitioner (including six months neonatal intensive care experience) or equivalent, credentialled at the health service for newborn care (including establishment and maintenance of ventilation for neonates) on-site 24/7. May be an accredited registrar on the RACP – general paediatrics training program.
	Registered medical practitioner or nurse practitioner with appropriate experience in newborn care on-site 24/7.
Medical – neonatology	Registered medical specialist (RACP – neonatal/perinatal medicine) or equivalent credentialled at the health service for newborn care:  • on-site during business hours  • available 24/7.
Nursing/ midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.
	Staff with demonstrated competence and recency of practice in the administration of non-invasive ventilation (continuous positive airway pressure or hi-flow) rostered 24/7.
	Staff with competence in the provision of level 5 newborn care, outlined in the service description.

Service	Requirements
Allied health	On-site access during business hours to the following allied health services:  • newborn physiotherapy  • newborn occupational therapy  • speech pathology  • dietetics  • social work  • audiology.  Access to pastoral care.

As for level 4, in addition:

Service	Requirements
Pathology and blood / blood products	Point-of-care testing:  • electrolytes  • blood gases.
Pharmacy	Guidelines for access to sub-specialist paediatric advice – for example, parenteral nutrition support.
Bereavement care	On-site access to a cooling cot.

### **Equipment and infrastructure**

As for level 4, in addition:

Service	Requirements
Nursery	24/7 access to equipment required for the provision of level 5 newborn care.  Facilitate regional access/use of portable transport incubators in accordance with the Statewide incubator guidelines <a href="https://www.rch.org.au/piper/guidelines/Statewide_incubator_documents/">https://www.rch.org.au/piper/guidelines/Statewide_incubator_documents/</a> >.

#### Clinical governance

As for level 1, in addition:

Service	Requirements
Consultation, referral and transfer	Consultation and referral pathways to newborn and paediatric specialties including surgical services.

## Level 6a newborn service

As for level 5, in addition:

Service	Description
	Specialist newborn care (including intensive care) for critically unwell newborns of any gestation.  Provides care for:
Newborn care	<ul> <li>complications of extreme prematurity</li> <li>term babies with non-surgical critical illness.</li> <li>Support for women with pregnancies with known fetal abnormality requiring consultation or treatment immediately following birth.</li> </ul>

#### Workforce

Service	Requirements
Emergency response	Rapid response system (for example, 'respond blue') <sup>10</sup> with identified roles on-site 24/7 to respond immediately to newborn emergencies across the facility.
Medical – paediatrics	Designated registered medical practitioner with experience in general paediatrics, or nurse practitioner (including 12 months' neonatal intensive care experience), or equivalent, credentialled at the health service for newborn care (including establishment and maintenance of ventilation for neonates) on-site 24/7. May be an accredited registrar on the RACP – general paediatrics advanced training program.
	Registered medical practitioner or nurse practitioner with appropriate experience in newborn care on-site 24/7.
Medical – neonatology	Registered medical specialist (RACP – neonatal/perinatal medicine) or equivalent, credentialled at the health service for newborn care, appointed as clinical head of service.
	Registered medical specialist (RACP – neonatal/perinatal medicine) or equivalent and credentialled at the health service for newborn care:  • on-site during business hours  • available 24/7.
Medical – developmental medicine / paediatric sub- speciality	Registered medical specialists (RACP – neonatal/perinatal medicine) with expertise in newborn follow-up for very premature newborns and complex medical conditions, appointed.

<sup>10</sup> Australian Standard 4083-2010, AS3745 planning for emergencies in facilities

Service	Requirements
Nursing/ midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.
	Staff with demonstrated competence and recency of practice in the administration of mechanical ventilation and non-invasive ventilation (continuous positive airway pressure or hi-flow) rostered 24/7.
	Staff with competence in the provision of level 6a newborn care, outlined in the service description, including critical care.
Allied health	On-site access during business hours to the following allied health services:  • newborn physiotherapy  • newborn occupational therapy  • speech pathology  • dietetics  • social work  • audiology.

As for level 5, in addition:

Service	Requirements
Pathology and blood / blood products	On-site access to pathology services 24/7, including for serology and blood bank.
Diagnostic imaging	24/7 on-site access to:  • newborn MRI  • echocardiography services  • newborn ultrasonography.
Pharmacy	Provides access to sub-specialist paediatric advice.
Bereavement care	Guidelines for bereavement support and referral to specialist grief/bereavement services in accordance with the Perinatal Society of Australia and New Zealand's Clinical practice guidelines for perinatal mortality <a href="https://sanda.psanz.com.au/clinical-practice/clinical-guidelines/">https://sanda.psanz.com.au/clinical-practice/clinical-guidelines/</a> .

#### **Equipment and infrastructure**

As for level 5, in addition:

Service	Requirements
Nursery	24/7 access to equipment required for the provision of level 6a newborn care.

### Clinical governance

As for level 5, in addition:

Service	Requirements
Competence and credentialling	Provides level 3–5 newborn services credentialling process support for medical staff providing newborn care.
	Provides level 3–5 newborn services support to complete annual competency assessment and review processes for staff providing newborn care.
Peer review	Provides level 3–5 newborn services support for the completion of annual peer review processes for staff providing newborn care.

## Level 6b newborn service

As for level 6a, in addition:

Service	Description
	Specialist newborn care for critically unwell newborns of any gestation.
	Provides newborn surgery.
	Support for women with pregnancies with a known fetal abnormality requiring
Newborn care	consultation, treatment or surgery immediately following birth.

#### Workforce

Service	Requirements
Emergency response	Rapid response system (for example, 'respond blue') with identified roles on-site 24/7 to respond immediately to newborn emergencies across the facility.
Medical – paediatrics	Designated registered medical practitioner with experience in general paediatrics or nurse practitioner (including 12 months neonatal intensive care experience), or equivalent, credentialled at the health service for newborn care (including establishment and maintenance of ventilation for neonates) on-site 24/7. May be an accredited registrar on the RACP – neonatal/perinatal medicine advanced training program.
	Registered medical practitioner or nurse practitioner with appropriate experience in newborn care on-site 24/7.
Medical – neonatology	Registered medical specialist (RACP – neonatal/perinatal medicine) or equivalent, credentialled at the health service for newborn care, appointed as clinical head of service.
	Registered medical specialist (RACP – neonatal/perinatal medicine) or equivalent and credentialled at the health service for newborn care:  • on-site during business hours  • available 24/7.
Medical – surgery	Registered medical specialist (RACS – paediatric surgery) or equivalent credentialled at the health service for neonatal care:  • on-site during business hours  • available 24/7.
	Registered medical practitioner with appropriate experience in general paediatrics – surgery:  • on-site during business hours  • available 24/7.  May be an accredited registrar on the RACS – general surgery advanced training program.

Service	Requirements
Medical – anaesthetics	Registered medical specialist (ANZCA) credentialled at the health service for anaesthetic care:  • on-site during business hours  • available 24/7.
	Registered medical practitioner with appropriate experience in neonatal anaesthetics credentialled to initiate anaesthetic management for newborns (beyond ANZCA supervision level 1):
	<ul> <li>on-site during business hours</li> <li>available 24/7.</li> <li>May be an accredited registrar on the ANZCA training program.</li> </ul>
Medical – developmental medicine / paediatric sub- speciality	Registered medical specialists (RACP – neonatal/perinatal medicine) with expertise in newborn follow-up for very premature newborns and complex medical and surgical conditions accessible.
	Registered medical specialists with expertise in clinical and diagnostic paediatric subspecialties accessible.
Nursing/ midwifery	Staffing in accordance with the Safe Patient Care (Nurse to Patient and Midwife to Patient Ratios) Act 2015 <a href="https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act">https://www2.health.vic.gov.au/health-workforce/nursing-and-midwifery/safe-patient-care-act</a> or, in the case of the private sector, the relevant enterprise agreement and statutory requirement.
	Staff with demonstrated competence and recency of practice in the administration of mechanical ventilation and non-invasive ventilation (continuous positive airway pressure or hi-flow) rostered 24/7.
	Staff with competence in providing level 6b newborn care, outlined in the service description, including newborn surgery and critical care.
Allied health	On-site access during business hours to the following allied health services:  • newborn physiotherapy  • newborn occupational therapy  • speech pathology
	dietetics     social work     audiology.

As for level 6a.

### **Equipment and infrastructure**

As for level 6a, in addition:

Service	Requirements	
Nursery	24/7 access to equipment required for providing level 6b newborn care.	
Operating rooms	ns 24/7 capability to provide newborn surgery.	

### Clinical governance

As for level 6a.

# **Appendix 1: Birth pack contents**

The birth pack should contain the following equipment:

- umbilical cord clamps × 2
- sterile disposable metal scissors
- sterile disposable metal clamps × 2
- suction catheter size 10
- underpad
- pads (mother)
- name bands × 2 (baby)
- gloves
- protective gown or disposable plastic apron
- goggles, mask or face shield
- biohazard bags × 2
- plastic container (for placenta)
- large plastic zip-lock bags and woollen hat (to maintain temperature for the baby and management of pre-term babies)
- neonatal bag and mask.

In addition to this you will need:

- linen for the baby, warm (if possible) soft wraps × 2, towels and adult-sized blankets (mother)
- a towel to dry the baby
- syringes 2 mL × 1, needles 19 g blunt and 23/25 g for maternal medications.

# Appendix 2: Resuscitation equipment and drugs for Victorian level 1 services

The following represents equipment requirements for neonatal resuscitation and stabilisation. It is tailored specifically for implementation by level 1 maternity services.

Further information can be obtained from PIPER Neonatal Education.

## **General Equipment**

ANZCOR <sup>11</sup> Neonatal Resuscitation Equipment List	Level 1 services
Firm, horizontal, padded resuscitation surface	Yes
Overhead warmer	Yes
Light for the area	Yes
Clock with timer in seconds	Optional
Warmed towels or similar covering	Yes
Polyethylene bag or sheet, big enough for a baby less than 1500g birth weight	Yes
Stethoscope, neonatal size preferred	Optional (Paediatric size ok)
Pulse oximeter with neonatal probe	Yes

## Equipment for airway management

ANZCOR List	Level 1 services
Suction apparatus and suction catheters (6F, 8F, and either 10F or 12F)	Yes
Oropharyngeal airways (sizes 0 and 00)	Yes
Intubation equipment:	
• Laryngoscopes with infant blades (00, 0, 1)	Size 0, 1 essential; 00 optional
Spare bulbs, and batteries	Yes
• Endotracheal tubes (sizes 2.5, 3, 3.5, and 4 mm ID, uncuffed, no eye)	Yes
Endotracheal stylet or introducer	Yes
Supplies for fixing endotracheal tubes (e.g. scissors, tape)	Yes
End-tidal carbon dioxide detector (to confirm intubation)	Yes

<sup>11</sup> Australian and New Zealand Committee on Resuscitation 2017, Guideline 13.1 - Introduction to resuscitation of the newborn infant.

ANZCOR List	Level 1 services
Meconium suction device (to apply suction directly to endotracheal tube)	Optional
Magill forceps, neonatal size (optional)	Yes
Laryngeal Mask airway, size 1	Yes

# Equipment for supporting breathing

ANZCOR LIST	Level 1 services	
Face masks (range of sizes suitable for premature and term infants)	Yes	
Positive-pressure ventilation device:		
T-piece device <b>or</b> flow-inflating bag with a pressure safety valve and manometer	Yes – flow inflating bag not recommended, T-piece desirable	
Self-inflating bag (approximately 240 ml) with a removable oxygen reservoir	Yes – self inflating bag mandatory	
Medical gases:		
Source of medical oxygen (reticulated and/or cylinder, allowing flow rate of up to 10L/min) with flow meter and tubing	Yes	
Source of medical air with air/oxygen blender	Yes	
Feeding tubes for gastric decompression (e.g. size 6 & 8F)	Yes	

## Equipment for supporting the circulation

ANZCOR LIST	Level 1 services
Umbilical venous catheter (UVC) kit (including UVC size 5F)	Yes
Peripheral IV cannulation kit	Yes
Skin preparation solution suitable for newborn skin	Yes
Tapes/devices to secure UVC/IV cannula	Yes
Syringes and needles (assorted sizes)	Yes
Intraosseous needles	Yes

## **Drugs and fluids**

ANZCOR LIST	Level 1 services
Adrenaline (epinephrine): 1:10 000 concentration (0.1 mg/mL)	Yes
Volume expanders	Optional
Normal saline	Yes
Blood suitable for emergency neonatal transfusion needs to be readily available for a profoundly anaemic baby	Optional

### **Documentation**

Resuscitation record sheet <a href="https://www.neoresus.org.au/wp-content/uploads/2014/12/NEONATAL-RESUSCITATION-RECORD\_V2.pdf">https://www.neoresus.org.au/wp-content/uploads/2014/12/NEONATAL-RESUSCITATION-RECORD\_V2.pdf</a>

## Acknowledgement

Developed in conjunction with Paediatric Infant Emergency Retrieval (PIPER) Education.

# Appendix 3: High dependency care capabilities (if no on-site HDU)

## High dependency unit care: capabilities

#### **Basic respiratory support (BRS)**

50 per cent or more oxygen via face mask to maintain oxygen saturation.

Continuous positive airway pressure (CPAP), bi-level positive airway pressure (BIPAP).

#### **Basic cardiovascular support (BCVS)**

Intravenous anti-hypertensives to control blood pressure in pre-eclampsia.

Arterial line used for pressure monitoring or sampling.

Central Venous Pressure (CVP) line used for fluid management and CVP monitoring to guide therapy.

#### Advanced cardiovascular support (ACVS)

Simultaneous use of at least two intravenous, anti-arrhythmic/antihypertensive/vasoactive drugs, one of which must be a vasoactive drug.

Continuous Electrocardiography monitoring and interpretation.

#### **Neurological support**

Magnesium infusion to control seizures (not prophylaxis).

#### Workforce

#### **Nursing and midwifery**

Midwifery/nursing staff with appropriate critical care qualifications and competencies provide one-to-one nursing care.

#### Medical

An appropriately qualified senior lead clinician (for example, an anaesthetist) is responsible for maternity patients receiving high dependency care.

#### Clinical governance

High dependency care guidelines address access, administration and discharge, and for consultation, referral and transfer where appropriate.

Contingency guidelines cover the unavailability of required resources with a documented process for informing women and an appropriate alternate facility.

# Glossary

Term	Meaning in this document		
24/7	24 hours a day, seven days a week.		
Access/accessible	Refers to the ability to utilise resources, a service or the skills of a suitably qualified person without difficulty or delay (may be located on-site or off-site in accordance with requirements).		
Available	Refers to the ability to immediately access and utilise resources, a service or the skills of a suitably qualified person.  In relation to workforce, an available staff member is formally on-call and can be immediately contacted to provide advice and/or deliver face-to-face care within the timeframes agreed by the health service.		
Initiate anaesthetic management (beyond ANZCA supervision level 1)	Registered medical practitioner locally assessed as capable to initiate anaesthetic management without the requirement for a supervisor present.		
Birth before arrival	A baby born before the mother reaches a hospital.		
Business hours	Commonly defined as Monday to Friday, 9.00 am to 5.00 pm. Business hours may otherwise be determined by the health service.		
Clinical mental health consultation-liaison service	This service comprises specialist mental health assessment, intervention and management for hospital patients requiring immediate mental health care as well as providing support and training to hospital staff.		
Competency	Refers to the current set of skills, knowledge and practice expertise required to provide care that is safe and of a high quality. <sup>12</sup> Competency is usually demonstrated through:  • regular training and education  • ongoing workplace assessment and review  • recency of practice (within 12 months).		
	Fetal surveillance		
	Health services will determine the minimum competency required for staff providing maternity care in accordance with their capability level. The RANZCOG FSEP program provides information regarding the knowledge and skills attained at each practitioner level and may provide a useful guide for health services.		
	The following resources are provided to support health services to establish and maintain appropriate levels of fetal surveillance competency:		
	<ul> <li>RANZCOG Fetal Surveillance Education Program<sup>13</sup> – provides information on the knowledge and skills attained at each practitioner level</li> <li>Intrapartum fetal surveillance clinical guideline – 3rd edition<sup>14</sup></li> </ul>		
	Fetal monitoring competency and assessment: a best practice toolkit. <sup>15</sup>		

<sup>12</sup> Adapted from: NICE Competency framework for health professionals using patient group directions (2017) <a href="https://www.nice.org.uk/guidance/mpg2/resources/competency-framework-for-health-professionals-using-patient-group-directions-msword-13672765">https://www.nice.org.uk/guidance/mpg2/resources/competency-framework-for-health-professionals-using-patient-group-directions-msword-13672765</a>.

<sup>13</sup> Fetal Surveillance Education Program <a href="https://www.fsep.edu.au/Home">https://www.fsep.edu.au/Home</a>>.

<sup>14</sup> RANZCOG Intrapartum fetal surveillance clinical guideline <a href="https://www.fsep.edu.au/What-We-Offer/2-Clinical-Guideline">https://www.fsep.edu.au/What-We-Offer/2-Clinical-Guideline</a>.

<sup>15</sup> Fetal monitoring, competency and assessment: A best practice toolkit <a href="http://www.londonscn.nhs.uk/wp-content/uploads/2015/06/">http://www.londonscn.nhs.uk/wp-content/uploads/2015/06/</a> Fetal-monitoring-competency-and-assessment-toolkit.pdf>.

Term	Meaning in this document		
Competency (continued)	Newborn resuscitation		
	Health services providing level 1–2 maternity care and level 1 newborn care are required to ensure 24/7 on-site access to staff competent in providing basic newborn resuscitation.		
	Health services providing level 3–6 maternity care and 2–6 newborn care are required to ensure 24/7 on-site access to staff competent in providing advanced newborn resuscitation.		
	The following resources are provided to support health services to establish and maintain appropriate levels of newborn resuscitation competency:		
	<ul> <li>Paediatric Infant Perinatal Emergency Retrieval (PIPER) Neonatal Education<sup>16</sup></li> <li>Maternity and Newborn Emergencies (MANE) program<sup>17</sup></li> <li>Practical Obstetric Multi-Professional Training (PROMPT).<sup>18</sup></li> </ul>		
	Critical care		
	The following resources are provided to support health services to establish and maintain appropriate levels of critical care competency:		
	<ul> <li>Australian College of Nursing, Graduate, Certificate in Critical Care<sup>19</sup></li> <li>Australian College of Neonatal Nursing.<sup>20</sup></li> </ul>		
Credentialling	The formal process of checking that medical staff are appropriately qualified, registered and experienced to deliver safe, high-quality care.		
	Credentialling is a requirement for hospital accreditation under the <i>National Safety and Quality Health Service Standards</i> . It is a formal process to verify the qualifications, experience, professional standing, competencies and other relevant professional attributes of staff to provide safe and high-quality care.		
	For registered medical specialists, credentialling is as per Credentialing and defining the scope of clinical practice for medical practitioners in Victorian health services – a policy handbook.		
	For registered medical practitioners (non-specialists) and non-medical health professionals, credentialling is a health service process whereby a registered medical specialist, or other suitably qualified person, assesses and documents that a health professional is appropriately qualified and competent to deliver safe, high-quality care within a specified scope of practice.		
Designated	Agreed site or service for a defined purpose.		
	A designated registered medical practitioner is readily contactable and able to attend immediately.		
Dedicated space	Agreed area with the necessary equipment and resources for clinical assessment and care (including for the promotion of cultural safety).		

<sup>16</sup> PIPER neonatal education <a href="https://www.rch.org.au/piper/education/Neonatal\_Education/">https://www.rch.org.au/piper/education/Neonatal\_Education/>.

<sup>17</sup> Maternity and Newborn Emergencies (MANE) program <a href="https://www.thewomens.org.au/health-professionals/clinical-education-training/the-womens-maternity-services-education-program-msep/maternity-and-newborn-emergencies-mane-program-sep/maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-and-newborn-emergencies-maternity-maternity-and-newborn-emergencies-maternity-maternity-maternity-maternity-maternity-maternity

<sup>18</sup> Obstetric training that works <a href="https://www.vmia.vic.gov.au/learn/patient-safety/obstetric-training-that-works">https://www.vmia.vic.gov.au/learn/patient-safety/obstetric-training-that-works</a>.

<sup>19</sup> Critical Care Nursing – course overview <a href="https://www.acn.edu.au/education/postgraduate-course/critical-care-nursing#1516767684525-Oab1d7a7-c8e85c7c-5a448d17-6378">https://www.acn.edu.au/education/postgraduate-course/critical-care-nursing#1516767684525-Oab1d7a7-c8e85c7c-5a448d17-6378>.</a>

 $<sup>20\</sup> Neonatal\ Nursing\ in\ Victoria\ \verb|\https://www.acnn.org.au/about/neonatal-nursing/victoria/\verb|>|.$ 

Term	Meaning in this document			
Guideline	Evidence-based statement(s) and/or recommendations that assist decision making to optimise patient care and outcomes. Guidelines include information and advice regarding referral pathways.			
Imminent birth	The birth of a baby is likely to happen very soon.			
Maternity	Incorporates pregnancy, birth and up to six weeks postpartum.			
Newborn	A baby aged from birth to 28 days (corrected for prematurity).			
Obstetric ultrasound	A non-invasive medical test to support diagnosis and management. Common uses of the procedure include: determining pregnancy including multiple pregnancies; assessing fetal growth and wellbeing; evaluating the position of the fetus and placenta; and diagnosing congenital abnormalities of the fetus.			
	Interpretation of obstetric ultrasound should be undertaken by an appropriately trained medical practitioner.			
On-site	Located within the facility or on an adjacent campus.			
Or equivalent	A health professional determined via a credentialling process to have met the required workforce capability level. This applies to but is not limited to the following health professionals:  • registered medical practitioners with Limited Registration (or Provisional Registration) on either the Specialist Pathway – specialist recognition or the Specialist Pathway – area of need  • registered medical practitioners on accredited training programs with previou training undertaken interstate.			
Partnership/partners	Partnerships support and facilitate maternity and newborn services of different capability levels to share knowledge, information and advice.			
Point-of-care testing	Also referred to as bedside testing.  Diagnostic testing takes place at or near the point of care – at the time and place of patient care.			
Postnatal care	Supports women to recover and adjust following childbirth, establish breastfeeding and develop early parenting skills.  The Postnatal care program guidelines for Victorian health services (Department of Health 2012) provide guidance on postnatal care provided by public health services in the six weeks post-childbirth.			
Puerperium	The period of time (about six weeks) after childbirth during which the mother's reproductive organs return to their original non-pregnant condition.			
Pregnancy assessment unit	An area established for urgent maternal and fetal assessment relating to conditions including, but not limited to, pre-eclampsia, preterm rupture of membranes, antepartum haemorrhage, threatened premature labour, intractable vomiting and hypertension.			

Term	Meaning in this document			
Referral pathway	A shared and agreed process by which a patient is referred from one service provider to another. This includes agreed referral criteria, consistent management of referrals and timely communication between service providers regarding the outcome of the referral.			
Region/regional	An area of rural Victoria in which health services work in partnership.			
Service (health)	Refers to a clinical service provided under the auspices of an organisation or facility. The word 'facility' usually refers to a physical or organisational structure that may operate a number of services of a similar or differing capability level.			
Service (as referred to in clinical support services).	Refers to equipment and workforce required to deliver clinical support services.			
Shared care	Antenatal care provided by a community maternity service provider (doctor and/or midwife) in collaboration with hospital medical and/or midwifery staff under are established agreement.			
Support	Refers to the provision of informed advice and the sharing of knowledge and experiences between maternity service clinicians and health services for the provision of safe and high quality care.			
Telehealth	Telehealth refers to the use of information and communications technologies (ICTs) to deliver health services and transmit health information for healthcare to be provided closer to home, including in-home care. It is about transmitting voice, data, images and information between users to support and/or provide healthcare, rather than needing to move patients, health professionals or educators to the same location. It encompasses diagnosis, treatment, preventive (educational) and curative aspects of healthcare services and typically involves patient(s), care providers or educators in the provision of these services directed to patients.			
	Video consulting/conferencing is one of the main ways telehealth is improving access to healthcare services for patients, and is a requirement of telehealth capability. <sup>21</sup> Note: this glossary term updates the definition provided in the <i>Statewide design, service and infrastructure plan for Victoria's health system 2017-2037.</i>			
Volume expanders	A plasma or blood substitute for increasing blood volume.			

<sup>21</sup> Adapted from: Department of Health - Telehealth <a href="http://www.health.gov.au/internet/main/publishing.nsf/Content/e-health-telehealth">http://www.health.gov.au/internet/main/publishing.nsf/Content/e-health-telehealth>

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